

## 3D-Hair Strokes Microblading Aftercare Instructions

For at least 7 days following application of semi-permanent cosmetics:

### IMPORTANT TO KNOW:

- Clients need to follow ALL aftercare instructions for the best results after their procedure(s).
- If you have any questions or concerns, please notify your technician immediately.
- If you experience anything out of the ordinary please contact your physician.

### WHAT TO EXPECT:

- Remember all procedures must HEAL, PEEL and FADE! ***This process may take up to 10 days.***
- If there is throbbing experienced it will only last 20 mins after the procedure.
- Note: clients color will look much darker for the first 10 days as the procedure has blood and lymph in it. After the area peels, the color will be much softer. You will experience some dryness and scabbing which is normal.

### WHAT TO DO:

- ***During the 48 hours, LEAVE BROWS COMPLETELY ALONE to allow the wounds to close!*** Residential pigment, blood, white blood cells etc. can arise from the open wound. Hard not to touch, we know, but hey, it's only for 48 hours.
- Apply oil over your brow area 1 time a day after the 48 hours to help with scabbing. When applying, do so in a tapping motion. DO NOT rub, scrub or peel. The following natural oils are recommended:
  - **Grape Seed oil**
  - **Sweet Almond Oil**
  - **Jojoba Oil**
  - **Coconut Oil, absorbs into the skin without build up**
- In addition to having holistic healing benefits, the previously listed oils are the best at retaining pigment color in the skin. **Please avoid the following: Neosporin, Aquafor, Vaseline etc.**
- Use a 'sunblock' after the procedure area had healed to prevent future fading of pigment color.

### RESTRICTIONS:

- Do NOT touch the healing pigmented area with your fingers, they may have the bacteria on them and create an infection.
- No makeup on brows, tinting of lashes or brows, sun, soap, sauna, steam, exercise (note if you are someone who drips sweat, please wear headband), Jacuzzi, swimming in chlorine pools or in the ocean for 7-10 days (until area is completely healed) post procedure and after all touch ups.
- No hot compresses (ex. Hot towel)
- DO NOT rub or traumatize the procedure area while it is healing, pigment may be removed along with the crusting tissue.
- DO NOT use ANY products that contain AHA's, Vitamin A, Retinol or similar lightning and peeling products on the procedure area. (Ex. Glycolic, Lactic Acids. Check your product labeling) It will fade your pigment color. Read the ingredients on the back of any bottle of product that you are using.

### AFTER HEALING:

- Understand that everyone's skin is completely different. Your skin may reject the ink in certain places requiring you to get a touch up appointment after brows have fully healed. This is an additional cost of anywhere from \$50-\$100. Additional touch ups after initial procedure may be required to fully lock in pigment to certain areas of the brows.
- Following all these aftercare instructions will yield the best results possible and increase the longevity of the pigment. **ENJOY YOUR NEW BROWS!**